

Growing You

We each, one and all, hunger for a peace contained within our soul. Differences are many between our lives. Struggles vary, joy is measured by employing our own means, and peace comes in packages reflecting our own past. One's full spirit is another's emptiness. My dark day may in fact be your rainbow. Your ambiguity will certainly be absolute clarity to others. Our Maker bestows a myriad of antithetical attributes upon us. Intelligence, wisdom, or practical understanding will attest to this fact. Simply being human allows us the understanding that we each vary infinitely.

Why then, if we each seek peace within our soul, and we know differences reign heavily throughout the human race, do we measure someone else's journey against our own? My views, and therefore my life journey, will map out as the snowflake – one of a kind. So will yours.

I try, but do not fully comprehend, the sideline viewing and judgment, criticizing, and backbiting by so many. Why it is for them that another person's life moves to the center of their own – in an unhealthy way? Sadness sometimes overwhelms me when I feel the rage in someone's soul because of judgment against another. Part of a life is wasting away when this occurs.

Judgment of others is simply rooted in our own felt inefficiencies, nothing more. Determining to discover those things within ourselves, and then facing them, will eliminate the desire and/or need to demean others (in whatever form). Cleansing our own soul, understanding our own emotions, feeding our own spirit – these are the prescription to the sickness of judgment. Only when these things are in place can one begin to discover the internal peace sought by us each.

There is no need for you, or me, to completely comprehend why someone does what they do, or how they do it. Motivation is driven by perspective and life experience; each of these being our own. This day, focus on your life. Why it is what it is, why you are where you are, why love exists or does not exist in your life, and where it is you want to be. Let others do the same with their energy. Use yours today in order to understand you.

Blessing, peace, and love

Christian Alan Schaal